

<p>There was a consensus that it would be valuable to set standards for conditions and offer consistency across the sector.</p> <p>There was then discussion of the ongoing CPD requirement for staff members with some trusts opting for revalidation (every 3 years), and others looking to the NHS for training or providing in-house training.</p> <p>There is a lack of consistency across training providers, particularly as regards pre-requisites to access courses, and a need for a strong message from the sector.</p> <p>Danielle Peel commented that the CIMSPA kite mark is intended to provide quality assurance of training providers and move to set the standard for the sector.</p> <p>K.A Leisure are planning initial PSI training, followed by stars training and are happy to feedback at the end of the month.</p>	<p>K.A Leisure to feedback on training</p>
<p>CIMSPA</p>	
<p>Danielle Peel gave an update on the progress of drafting the professional standards, with an occupational map for each of the 5 sectors.</p> <p>She commented that there has been a conscious change of language, moving away from “level 3/4” etc towards terms such as “technical, higher technical” etc.</p> <p>The steering group agreed that there should be a baseline for all staff (from receptionists to CEO0 to understand the CMO guidelines on physical activity.</p> <p>Following the drafting of the occupational map, the next stage is to go to employer partners for them to write the standards.</p> <p>There was discussion around some of the occupations identified on the map and what positions they correspond to within the trusts. The expectation is that there will be a degree of crossover with health professionals who could dip in to upskill in specific areas.</p> <p>It was also noted that service providers (self-employed instructors) would need to have the required qualifications stated in their contracts.</p> <p>Engagement in the creation of the standards will primarily be driven by employer partners.</p> <p>As regards the Scottish Regional Board for CIMSPA, Danielle stated that the nations and regions have not been active and the best way to engage is through CIMSPA directly.</p>	<p>KC to share draft occupational map and personal training standard</p>

<p>To date, 5 standards have been written and signed off and the timeline is to pick up the health standards in August.</p>	
<p>NHS Health Scotland Update</p>	
<p>Flora Jackson provided a brief update on the work of NHS Health Scotland around Physical Activity. She explained that the current focus is on the National Physical Activity Pathway and the Health and Social Care Pathway.</p> <p>There is also a focus on the improvement model approach of upscaling/transferring successful small-scale projects. There are 3 key areas of priority work at the moment:</p> <ol style="list-style-type: none"> 1. Work in Dumfries and Galloway with local leads, NHS Physical Activity Activators, looking to take forward the pathway and build infrastructure. <p>There is working to look at e-systems to record data, looking at SCI gateway (currently used in Glasgow).</p> <p>There is work to look at a training package based on existing resources (BMJ modules etc., Motivate to Move – Welsh online resource aimed at GPs)</p> <ol style="list-style-type: none"> 2. Condition Specific Approach, being led in Partnership with MacMillan with Flora Jackson sitting on the national steering group for Move More. There is a need for a proof of concept in Scotland and Flora is keen to look at an area with good experiences of delivering Move More. <p>There was further discussion of different experiences and approached to delivering the MacMillan Move More programme across trusts, with Jacquie Stringer commenting that Fife Sports & Leisure Trust have introduced an opt out scheme.</p> <p>The group felt that it would be useful to do a comparison of experiences of working with Move More as different trusts are at different stages</p> <ol style="list-style-type: none"> 3. Active and Independent Living Programme <p>This programme works across all ages, but the current focus is on older adults. The Health Professionals workforce (occupational therapists, physios, dieticians, podiatrists) have been identified as a key mechanism in delivering a physical activity pathway and a potential source of brief advice.</p>	<p>Flora requested trusts to share good experiences of working with Move More</p> <p>Jacquie Stringer to share details of opt out scheme</p> <p>Trusts to share details of Move More scheme for their trust</p>

<p>The strapline is “Move to Improve”, focusing on falls prevention and looking to update the “Up and About” resource.</p> <p>The Health and Social Care Partnership Group for Physical Activity (Chair: Ian Ritchie, Royal College of Surgeons; Vice-chair: Michele McCoy, Dumfries & Galloway Director of Public Health) has national oversight of physical activity in health and social care. It looks at education and workforce development, though with a focus on health and social care staff (medical, nursing, health professionals).</p> <p>A survey has been carried out with current final year medical students to determine their knowledge of physical activity, with the aim of increasing their knowledge through training.</p> <p>The Health Promoting Health Service now has reduced reporting with no specific reporting around physical activity.</p> <p>There was discussion around commissioning and funding from the Integrated Care Fund. It would be helpful to know what is being looked for and to have some guidance around the process.</p> <p>Melanie Menzies commented that North Lanarkshire Leisure is looking to use CHI numbers to monitor bed use and return admissions to demonstrate the impact of their interventions.</p>	<p>Flora to ask about a template for commissioning</p>
<p>Workforce Development: Discussion and Next Steps</p>	
<p>Danielle Peel stated that the next steps from CIMSPA would be to circulate the occupational map to employer partners and to keep circulating the standards.</p> <p>The current Scottish Employer Partners are: Edinburgh Leisure, Edinburgh Napier, East Ayrshire Leisure, Aberdeen Sports Village, Atlantis Leisure and Inverclyde Leisure.</p> <p>CIMSPA is also looking to choose a priority area re core morbidity to focus on.</p> <p>CPD was highlighted by the group as an area of concern, with a need to look at what CPD is currently offered and what is needed, particularly around health. It was also suggested that it may be useful to look at validating in-house training, which could be shared across trusts.</p>	<p>Use the Sporta network to share CPD training opportunities.</p>
<p>Workplan Update</p>	
<p>This item was deferred to the subsequent agenda.</p>	
<p>Meetings Update</p>	
<p>KC updated the group that the meeting dates for the remainder of the year have been circulated, with meetings scheduled every 2 months as agreed at the last meeting.</p>	

<p>It was proposed that all members listed on the contact list for the group should be contacted to ensure their commitment to the group going forward and to encourage attendance.</p>	
<p>Autumn Workshop</p>	
<p>KC updated the group of Sporta Scotland’s plans to organise an autumn conference with a series of workshops across a range of topics. The desire is to invite the sub-groups to feed in ideas for training/workshops that would be valuable.</p> <p>The group identified information and support around the commissioning process – outlining expectations and providing examples as being useful.</p>	<p>Members invited to feed in ideas/topics for workshops</p>
<p>AOB</p>	
<p><u>Group Chair & Vice-Chair</u> Gill McShea is standing down as Chair of the Group after 18 months in post, and the group noted thanks for her work over this period.</p> <p>Jacque Stringer has offered to move from Vice-Chair to take up the post of Chair if the group, with the resulting need for a new Vice-Chair for the group.</p> <p><u>Sporta Scotland Executive</u> KC updated the group that there had been a refresh of the Scottish Executive Group at the April meeting, with the following representatives on the board:</p> <p>Robin Strang (West Lothian Leisure) – Chair Alistair Robertson (Sport Aberdeen) Jim Moyes (Live Active Leisure) Ian Murray (High Life Highland) Kirsty Hunter (Angus Alive) John Griffiths (East Ayrshire Leisure) Gerry Campbell (South Lanarkshire Leisure & Culture) Ewan Jackson (Live Borders)</p> <p><u>CEO Support</u> Following on from the previous meeting’s discussion around ensuring CEO engagement and support for the group, it has been agreed that representatives from the Health Group should attend the next CEO’s meeting to present on progress and the work around workforce development.</p> <p>It was also agreed that it would be useful to have a CEO appointed as an “ambassador” for the group, to lend support to the voice of the group where necessary and act as a sounding board as required.</p> <p><u>Wellcome Trust</u></p>	<p>Expressions of interest to be Vice-Chair to be sent to Kirsty Cumming</p> <p>KC to circulate date for the next CEO meeting</p>

<p>Two of the bids submitted by the secondees to the Wellcome Trusts have been successful, both receiving more funding than requested in order to provide greater evaluation. The secondees are happy to share details of the bids and there is a proposal for a webinar to talk through the bidding process and provide more clarity on what the Wellcome Trust are looking for.</p> <p><u>Universal Credit</u> Universal Credit will replace a range of existing benefits and could potentially expand the number of people eligible for concessions (up to double in some areas).</p> <p><u>Spirit of 2012 Roadshows</u> Fife Sports and Leisure Trust, Edinburgh Leisure, Live Active Leisure and K.A Leisure were funded by the Spirit of 2012 fund and are now in phase 2 where they are acting as 'champions', with the purpose of developing a toolkit and delivering roadshows across Scotland. The roadshows will be in 5 geographical areas and will promote and launch the digital toolkit.</p> <p><u>Case Studies and Data Collection</u> Glasgow Life are currently investing in technology to improve data collection and evidencing</p> <p>There was interest in building a bank of case studies as evidence</p> <p>There was also a request for information around the data protection for health data and information sharing protocols</p> <p>There was a request for sharing contracts for freelance instructors</p>	<p>KC to share details of the webinar once arranged</p> <p>Request for trusts to share information on how people are accessing concessions</p> <p>Kirsty Garrett to share learning from data collection</p> <p>KC to share case study template</p> <p>Request for information on data protection</p> <p>Request for examples of freelance contracts</p>
--	---

Meeting Closed at 2pm