



Scotland Health Special Interest Group (SIG) Meeting Notes 18/03/21, 2-3.30pm via GoToMeeting

Present: Lynn Bauermeister (Chair and from High Life Highland), Fiona Prendergast (Fife Sports and Leisure Trust), Fiona Comrie (K.A Leisure), Melanie Menzies (North Lanarkshire Leisure), Amy Finn (Active Stirling), Phil Coleman (Live Active Leisure), Ruth Miller (Renfrewshire Leisure), Graham Wark (Leisure and Culture Dundee), Lisa Hunter (Edinburgh Leisure), Carolynne McKendry (East Renfrewshire Leisure Trust),

In attendance: Kirsty Cumming (CLUK Chief Executive), Theo Jobst (CLUK Project and Research Officer), Frances Bain (Movement for Health)

Apologies: Kirsty Garret (Glasgow Life), Claire Craig (Vice Chair - Edinburgh Leisure), Ryan Gilmour (South Lanarkshire Leisure and Culture)

Welcome

Lynn Bauermeister welcomed everyone to the meeting and round table introductions were given. There were a number of apologies from colleagues unable to attend, as noted above.

CLUK Update

Kirsty Cumming led the first agenda point, starting with an update from Community Leisure Scotland on their manifesto for Scottish Government in the lead up to the May 2021 elections. The manifesto is finished and has started to be circulated to our partners, to be used as an advocacy tool and as a conversation piece.

SAMH Charter steering meeting was attended by Kirsty and Lynn to look at the charter at what needed to be changed and developed.

NHS Scotland Conference bid was submitted on behalf of the group to showcase what trusts do within the health landscape and has been shortlisted. A decision will be made early April.

Movement for Health Introduction

Frances Bain gave an overview of Movement for Health, which is a coalition of national charities that represent people with long term conditions and support them with engaging with physical activity. As a coalition, they have four main outcomes: people with long-term conditions and awareness of them being active; that physical activity facilities and support are as inclusive as possible, safe and appropriate for those with long-term conditions; that health and social care



professionals have the knowledge and confidence to promote physical activity for those with long-term conditions; for national and local policies support and facilitate people with long term conditions and their carers to become more physically active.

Similar to CLUK, MfH produced a document ahead of the national elections with their [Calls to Action for Scottish Government](#).

Public Health Priorities: update on the Health Document

An executive summary was put together by Lynn. The whole document was sent to Flora and Eileen at Public Health Scotland for their thoughts and feedback. We will reach out to members for case studies soon to bring the final document together.

Update on subgroups for those badly affected by Covid-19 - Melanie Menzies

Melanie Menzies provided an overview of the work of Culture and Leisure NL in working collaboratively with health partners to support individuals impacted by Covid-19. She shared an overview of the process and questions. (Please see notes attached)

Health programmes and activities for vulnerable groups: round table update

Members gave updates from their own organisations, including work with the education department on work with children and young people, one-to-one walks and doorstep visits, operating from a retail unit in the town centre, and collaborating with NHS partners.

Evidence Base

It had been suggested that evidence could be pulled together to show the impact of the group's work and the difference members are making to their community. There was a report in England that showed the social value return of physical activity referrals, and discussion whether a similar document would be useful for Scotland.

There was agreement that members hold a lot of data, and a suggestion of producing a situational statement around the data captured and used that could provide a comparison with other members.

It was agreed that national statistics would be beneficial, KC noting that there is a lot of work around data collection through the leisure recovery fund in England.

Action: Members and CLUK to consider where there is good evidence and where there could be links to existing frameworks (e.g. Active Scotland Outcomes Framework) and bring thoughts to the next meeting.



AOB

- Discussion on long covid and whether there is any training or messaging that is being done by members.
- CLUK were approached by [STILL Going Project](#) on physical activity for those using the on the LifeCurve model of ageing. If this would be research members would be interested in being involved with then get in touch with Theo.

The next meeting has been scheduled for **Thursday 29 April at 2pm.**