



Scotland Health Special Interest Group (SIG) Meeting Notes 29/04/21, 2-3.30pm via GoToMeeting

Present: Lynn Bauermeister (Chair and from High Life Highland), Fiona Comrie (K.A Leisure), Lisa Hunter (Edinburgh Leisure), Jamie Kelly (Leisure and Culture Dundee), Dougie Porteous (Active Stirling), Kirsty Garrett (Glasgow Life), Fiona Watson (Renfrewshire Leisure)

In attendance: Kirsty Cumming (CLUK Chief Executive), Theo Jobst (CLUK Project and Research Officer), Jennifer Huygen (CLUK Engagement and Policy Manager), Flora Jackson (Public Health Scotland)

Apologies: Michelle Sweeney (OnFife), Phil Coleman (Live Active), Fiona Prendergast (Fife Sports and Leisure Trust)

Welcome

Lynn Bauermeister welcomed everyone to the meeting and round table introductions were given. There were apologies from colleagues unable to attend, as noted above.

CLUK Update

Kirsty Cumming led the update and made the group aware of member changes to the Scottish Executive group and the role of the health group within the Community Leisure UK business plan.

CLUK have had positive conversations with national partners and key politicians around the manifesto circulated in the lead up to the elections. There is also a plan to use the manifesto as part of a package to welcome new ministers along with a welcome letter from CLUK.

[SAMH Charter](#) steering group of which CLUK are a member. There has been a productive development session and the next steps are action points, including webinars and engagement sessions and how members can get involved. Scottish government are actively involved with the charter this time and are actively funding the work of the Charter, as well as the support of Public Health Scotland.

Royal College of Physicians meeting with OSS around their [pledge for free gym access to 16-24 year olds in deprived areas across Scotland](#). As a principle, CLUK are supportive of the pledge and it was a very productive meeting with many potential links and network connections, although there is cautiousness about its effectiveness and funding.



Public Health Priorities: update on the Health Document

Public Health Scotland have suggested that evidence within the document needs to be strengthened. Flora Jackson has provided some evidence to help strengthen the document. It would be good to have examples and case studies from all members in order to emphasise the reality of the work and importance of what trusts do; having at least one strong case study for each of the six framework priorities would be important.

CLUK would like to include the health document in the welcome pack for ministers following the election in order to demonstrate the ways in which members can contribute to national health priorities. There is also significant interest from other members in England and Wales about the document and the work of the group, with the intention to produce a similar document for their nations.

CLUK are hoping to have the document finished and ready to be sent out in late May to coincide with welcome packs for new ministers.

**Action: Members to send in case studies to CLUK by Wednesday 12 May.
KC to review evidence base and strengthen in document.**

Evidence Base

Lynn emphasised the importance of the group starting to build a strong evidence base moving forward as a group. It is hard to quantify how beneficial leisure, culture, sport and physical activity is without using evidence to prove it. She highlighted a [study by Sport England](#) around the social, wellbeing and economic impact of leisure in England, and asked colleagues whether it would be worth working on a similar study for Scotland. There was agreement that more evidence to prove how vital these services are on a national level, especially within the context of the pandemic, is necessary. Culture, physical activity and social interactions were also noted as being important within this conversation.

Glasgow Life have been using the [Hexagon Assessment Tool](#) to measure new products in order to optimise the reach and quality of their services. There was enthusiasm from other members to adopt this method so there was a universal approach to creating products and collecting evidence.

The CLUK Data and Insight Group was also mentioned, with the opportunity to share conversations across the groups.



Action: Members to look at the Hexagon Assessment Tool and see whether it would work for their trust and discuss at the next meeting.

Roundtable Discussion

All members opened their facilities on Monday 26 April in line with the government guidelines.

Members are remaining aware of 'long covid' and there was interest in learning how members are embedding it into their programmes going forward, with focus on recovery programmes and COVID rehabilitation.

KA Leisure are undertaking an impact report on their Health and wellbeing service and are happy to share the report once it is completed, expected in June.

Alongside community mental health and wellbeing, High Life Highland have established mental health reps within their organisation who are trained to help colleagues with small to medium mental health challenges.

A reminder to members that [Mental Health Awareness Week](#) and [Green Health Week](#) are from 10-16 May.

AOB

There was no other business.

The next meeting has been scheduled for **Thursday 10 June at 2pm.**