



Scotland Health Special Interest Group (SIG) Meeting Notes 29 July 2021, 2-3.30pm via GoToMeeting

Present: Lynn Bauermeister (High Life Highland), Louisa Carslaw (K.A Leisure), Dougie Porteous (Active Stirling), Andrinne Craig (Sport Aberdeen), Scott Burton (Falkirk Community Trust), Sharon Gillies-McCallum (Live Argyle), Audrey Murray (Enjoy Leisure East Lothian), Paul Davis (Live Borders), Kirsty Garrett (Glasgow Life), Linda McFadzean (KA Leisure)

In attendance: Kirsty Cumming (CLUK Chief Executive), Theo Jobst (CLUK Project and Research Officer), Jennifer Huygen (CLUK Engagement and Policy Manager), Nadine Harris (Technogym), Greg Haynes (Technogym), Eilieen McMillan (Public Health Scotland)

Apologies: Fiona Watson (Renfrewshire Leisure), Flora Jackson (Public Health Scotland)

Welcome

Lynn Bauermeister welcomed everyone to the meeting and round table introductions were given. There were apologies from colleagues unable to attend, as noted above.

Review of Actions

All actions have been completed or included on the agenda for this meeting.

No further issues with these actions. The minutes were approved as an accurate record.

CLUK Update

KC made members aware of the [social prescribing event](#) being hosted by OSS and RCPE on the 3 September.

TJ made members aware of the recent work around concession policies with Scotland CEOs. A short survey was circulated with members on their current policies, with the results to be collated and summarised in the coming weeks.

Business partner presentation: Technogym

Greg Haynes led a presentation on the digital offering from Technogym. He elaborated on the Wellness Cloud as a digital platform and how it has benefited Newport Live.

Action: GH to follow up on query regarding integration with SCI Gateway.



Group Discussion: Health document

LB thanked the group for the team effort to get the document finished and led the discussion on the next steps and future intentions with the document. KC updated members that the feedback from CEOs and partners that it has been sent to has been overwhelmingly positive, and informed members that the document was also shared with the CLUK UK board. The intention is to share it with a range of partners, especially national partners (sportscotland, Creative Scotland, CoSLA, Scottish Government, partners within Movement for Health) with the approval of members in the group. The group agreed with this strategy and were encouraged to email TJ with any thoughts and suggestions. Eileen McMillian noted that Public Health Scotland would be happy to assist in distribution of the document amongst NHS channels.

It was raised that there was potential for the document to fit into an evaluation of the six Public Health Priorities by Scottish Government.

Action:

- **CLUK to distribute health document amongst partners.**
- **KC to meet with PHS to discuss distribution.**
- **KC to follow up and seek clarity around review of PH priorities**

Evidence of impact – draft document

LB took action from the last meeting to draft a document on the evidence of impact that members have on health and wellbeing. This document would sit alongside the public health document as a summary of the gains of investing in culture and leisure services. A draft will be sent to members with the minutes and comments and edits are encouraged to make sure the language and message is appropriate. There was member support for the document, although acknowledgement that it may not be enough to shift perspectives. EM noted that PHS would be happy to contribute and help wherever possible.

KC emphasised that having the document with relevant endorsements would be a strong position in order to demonstrate how trusts benefit their communities and local authorities.

Action: TJ to circulate draft document with minutes and members to add comments.

Roundtable Update

Members are mainly focusing on recovery and bringing back their in person services such as walking groups. Members noted some challenges finding space for programmes but are excited to bring back in person sessions where possible. Some members have found the public very keen to have face-to-face sessions now that it is allowed under government guidelines.



There have been some recruitment issues with outsourced instructors or volunteers no longer being available post-covid. Some members have been shifting to a more hybrid approach by stopping streaming on their app and instead just having on demand services.

Live Borders have had the board approve Creative Health Instructors which will focus on activities like creative writing, singing and other creative outlets to help with health and wellbeing.

Highlife Highland will be implementing wellbeing packs for young people transitioning from primary to secondary school.

EM updated from PHS: The business plan has been signed off, and the implementation is underway.

- Working through the Active Scotland Delivery and Development Groups to support the public health angle.
- A strategic partnership has been agreed with sportscotland.
- Currently running an audit on the National Physical Pathway through the NHS special interest group.
- PAHA website closing down and being moved to the Knowledge Hub.
- There is work going on around the communications of the CMO Guidelines.
- The Referral Standards for Physical Activity are going to the Active Scotland Development Group for sign off in September and will be published shortly after.

EM reflected that the Knowledge Hub could be a good space to share some of the case studies and documents from the group.

KG updated that Glasgow is part of the European City Link, which is a network to share learning and best practice across European cities. Glasgow Life has also enlisted the support of Sir Harry Burns to produce videos around population health for staff and to write an article for the Herald, championing the work of the organisation.

Action:

- **Kirsty Garrett to share updates from the European City Link forum and work with Sir Harry Burns.**

AOB

There was no other business.

The next meeting has been scheduled for **16 September**.

Meeting closed at 3:30pm.