



Scotland Health Special Interest Group (SIG) Meeting Notes 29 July 2021, 2-3.30pm via GoToMeeting

Present: Lynn Bauermeister (High Life Highland), Dougie Porteous (Active Stirling), Andrinne Craig (Sport Aberdeen), Karen Armstrong (Falkirk Community Trust), Audrey Murray (Enjoy Leisure East Lothian), Paul Davis (Live Borders), Kirsty Garrett (Glasgow Life), Fiona Comrie (KA Leisure), Fiona Prendergast (Fife Sports and Leisure Trust), Claire Craig (Edinburgh Leisure), Fiona Watson (Renfrewshire Leisure)

In attendance: Kirsty Cumming (CLUK Chief Executive), Theo Jobst (CLUK Project and Research Officer), Eilieen McMillan (Public Health Scotland)

Apologies: Carolynne McKendry (East Renfrewshire Culture and Leisure Trust), Phil Coleman (Live Active

Welcome

Lynn Bauermeister welcomed everyone to the meeting and round table introductions were given. There were apologies from colleagues unable to attend, as noted above.

Review of Actions

All actions have been completed or included on the agenda for this meeting.

No further issues with these actions. The minutes were approved as an accurate record.

CLUK Update

TJ led the updates. CLUK is attending the VHS Annual Conference next month, with both Theo and Kirsty attending on behalf of Community Leisure UK.

KC attended the monthly Movement for Health meeting in August. There were no specific updates from this other than roundtable updates on each charity's current position.

The Health document has been released on twitter and feedback has been incredibly positive.

SAMH steering group is looking at developing a version of the Charter for clubs. The next meeting is next week and KC will feedback as appropriate.

CLUK have been attending meetings led by the Deputy First Minister asking all sector leaders to push for their sectors to go above and beyond the guidance. There is optimism that by doing this there may not be a need to introduce further restrictions into the winter.

In wider updates, CLUK recently sent out the annual HR survey, which helps gather essential data on members such as number of facilities, staff turnover and salary benchmarking.

Programme for Government and National Care Service Consultation



KC updated members that CLUK will be drafting a document on the Programme for Government with key areas that apply to our members, such as the commitments of funding opportunities to both leisure and culture. There are also commitments more generally to health, such as a 20% increase of funding to health and investments into mental health services. Other priorities include inequalities in sport, such as involving more women and girls in sport. It is encouraging that the PfG is in line with the hopes from the sector and appears to have a positive trajectory.

There were concerns over members having heavy delays on receiving funding or feedback on applications which is having an impact on planning, such as with Get Into Summer funding. KC raised that CLUK have been pushing for clarity over where and how the funding is allocated, specifically with the Get Into Summer. Another area of policy CLUK are pushing for is less short-term funding pots and more long-term investments into the sector.

On the National Care Service, there is currently a live consultation and CLUK will be submitting a response in order to highlight the unique position that our members have to offer. It would also be beneficial for individual trusts to submit on behalf of themselves to consultation to strengthen the message. KC wanted to check with members that she would be able to share draft documents with the group and include their voices in the document to be submitted in order to have as much input as possible into the NCS whilst it is in the design phase. Members unanimously endorsed this action and encouraged further work and involvement.

Action:

- **KC to draft a document to be shared with members by start of October.**

Evidence Document

Members have been sharing their feedback with LB on the Evidence of Impact document.

Roundtable Update

- Members commented on the monitoring of CO2 levels in public areas in order to get volunteers back working.
- Edinburgh Leisure is launching Stay Active membership which offers 50% reduction of membership fees for those who have been referred.
- Claire Craig asked for any members who are dealing with people with long covid to get in touch with her to share their experiences.



- There was a shared concern over staff burnout. Many on the workforce have been working right through the pandemic and it was recognised that they are potentially in quite a delicate place, which is good to be aware of.
- HLH having conversations with hospice about Last Aid, which aims to have healthy conversations around death and dying.
- PHS updated on the physical activities standards.
- Noted attention to adolescent mental health. KA Leisure have hired a Walking for Health officer and are looking at expanding beyond the age of 16 to account for poor mental health amongst younger teenagers.

Action:

- **Fiona Comrie to share KA Leisure impact report**

Meeting closed at 3:30pm